



HERETAUNGA COLLEGE

Ward Street, Upper Hutt 5018 Telephone: 939 9370
Email: info@heretaunga.school.nz Website: www.heretaunga.school.nz

Newsletter – August 2019

IMPORTANT DATES

21/8 – CSW Premier Boys Football Finals
22/8 – CSW Hockey Finals
23/8 – Learning Conference – Teacher Only Day
23/8 – Wellington Tertiary Open Day
26/8 – RSSL Netball Finals
26/8 – Special Olympics
27/8 – CSW Basketball Junior Finals
27/8 – Year 10, 11 & 12 Pathway Day
28/8 – CSW Girls Football Finals
28/8 – Pathway Parent Evening from 6pm
28/8 – Year 9 Smashed Presentation
29/8 – Attitude Presentations
30/8 – CSW Basketball Finals
30/8 – Senior Course Selections Final Day
31/8 – CSW Boys Football Finals
2/9-6/9 – Winter Tournament Week
3/9 – BOT Meeting
5/9 – German Film Festival Schools Screening
9/9-13/9 – Te Wiki o Te Reo Maori
9/9 – University of Auckland Course Planning at MB
10/9 – NCEA Performance Day
11/9 – AWD Indoor Bowls
12/9 – Music Extravaganza
16/9-20/9 – Senior Exam Week
18/9 – Touch Referee Course
17/10 – Massey University Course Planning
18/10 – Year 12 Leadership Day
23/10 – DRA101 Show Night
24/10 – Sports Awards 2019 at 6pm
25/10 – Ontrack Ignite Academy
1/11 – AWD Swimming
4/11 – Cultural & Service Awards
4/11 – Senior Prizegiving

TERM DATES:

Term One:
Friday 7 February – Friday 12 April
Term Two:
Monday 29 April – Friday 5 July
Term Three:
Monday 22 July – Friday 27 September
Term Four:
Monday 14 October – Friday 6 December

BOARD OF TRUSTEES

Meet on the first Tuesday of each month at 6.30pm in the board room. All welcome to attend.

Tēnā koutou katoa

I have just finished my fourth week at Heretaunga College and it has flown by.

Thank you to everyone who has welcomed me into the school. The whole school powhiri on my first day was very humbling for myself and my family. It was great to see the whole school together.

I have settled into life here at Heretaunga College and have already met many students, parents and members of the community. I am working through introductions with many groups in the community and this is making life extremely busy. I am out and about in Upper Hutt so please make sure that if you see me around you introduce yourself to me.

Term 3 is a busy time and we have all hit the ground running. Students are beginning to work with their teachers on crafting their programmes for 2020, Seniors are beginning to build up to the practice exams in week 9 and Juniors are ensuring their planning for Junior Activities Week is progressing.

We have had the ballot for our out of zone 2020 Year 9 students and are still accepting in zone enrolments. It would be appreciated if these could come into school as soon as possible so that we can plan effectively for next year.

Once again thank you for the fantastic welcome and I look forward to working with all of you to continue with the great work that is happening here for our young people

Ngā mihi

Fiona Craven
Principal



LEARNING CONFERENCE – TEACHER ONLY DAY

Friday 23 August is a Teacher Only Day – No students are required to attend school on this day.

ENROLMENT FORMS FOR 2020

Enrolment packs for in-zone enrolments are available at the main office. Packs were sent to all Year 8 students from Maidstone Intermediate and Fergusson Intermediate. If you did not receive a pack please come to the office to collect one.

CONTACT DETAILS

Have you changed your contact details?

Please advise the office of any changes to your address, phone numbers, email address or emergency contact details. Details can be changed by phone, email or through the parent portal. If you are unable to access the portal please contact the college office for assistance.

FAREWELL FROM MR VENKAT REDDY



Talofa lava, Malo e Lelei, Bula Vinaka, Kia Orana, Halo, Hola, Konnichiwa, Ni hao, Selam, Xin chao, Bonjour, Fakaalofa Lahi Atu, Taloha ni, Namaste, Tena Koutou katoa.

It is never easy to say good-bye. As most of you may know, I will be leaving Heretaunga College at the end of week 5, Term 3. For the past 3½ years, I have had the honour and privilege to serve the Heretaunga College community, first as an Assistant Principal and more recently as an Acting Deputy Principal.

After 3½ years, I feel it is time for me to take on the new challenges at a new school. I will be moving to Rongotai College as Deputy Principal – Teaching and Learning. This is going to be no doubt nervous but exciting time for me. My time at Heretaunga College has been fantastic and it helped me grow as a teacher and a person. From my very first day, I was impressed by the warmth and openness of this community. It has been a privilege to work

here with such wonderful students, dedicated staff and caring parents. In the time I have been here, our enrolments have grown and our students' achievements rates increased exponentially.

I would like to take this opportunity to thank the students who have been part of my Calculus and Pride classes. I have absolutely enjoyed teaching you all. I must also thank the senior leadership team; Mr Hart, Ms Lucas, Mrs Pike, Mr Van Heerden and our new Principal, Mrs Craven. Working with you all was encouraging and rewarding.

My work at Heretaunga College and the learning I took from my time here will be a special part of my career.

Finally to all students: Believe in yourself, have faith in your abilities, work hard and follow your dreams. A person who remains in calm waters will never get strong.

He waka eke noa
Venkat Reddy
Acting Deputy Principal

BOARD OF TRUSTEE STUDENT ELECTION

Board of Trustee Election Nominations are now open for One Student Representative. Nomination Forms can be collected from the school main office during school hours.

Please only nominate a person once. If there is more than one nomination received then this will go out for Ballot Voting.

Nominations are to be received no later than **12pm on Wednesday 11th September 2019**. Please return nomination forms to: The Returning Officer, Ingrid Watts, Heretaunga College

HOMESTAYS REQUIRED

We would welcome applications from families willing to host a student. Application forms are available from Nadine Te Pohe, Homestay Co-ordinator: homestay@heretaunga.school.nz. A police vetting check will be obtained for all who live in the home who are 18yrs+.

2019 ARMOURY MEMBERSHIP

If students or parents/caregivers are wanting to sign up to the Armoury for 2019 please get in contact with Mr Max Pearson - pearsonm@heretaunga.school.nz

It is open to the public before and after school and during the weekends. The cost is \$60 for half year or \$110 for a full year which ends at the end of Jan 2020.

2018 PANUI

We have 14 copies available for sale at \$20.00 each. These will be sold on a first in first served basis. Please see the school's main office.

HERETAUNGA SCHOOL OF HOSPITALITY

The Heretaunga College School of Hospitality offers a **NZ Certificate in Hospitality (Basic Cookery Level 3)** and is currently enrolling students for 2020.

The course involves running the school cafe and catering business and covers cookery, an internationally recognised City and Guild Barista qualification through Mojo in Wellington, front of house and loads more. The fees are low (\$280) and our students are highly employable and well respected in the industry with almost all finding work during or upon completion of the course.

If you would like to find out more you can email wilsonw@heretaunga.school.nz or call into the café at Heretaunga College for a chat and to find out more information. The SOH is open to current Heretaunga College students, students from other schools and mature students. Some prior hospitality training or study is preferred but enthusiasm and a good attitude is the most important thing. Acceptance is subject to an interview and trial.

<p>HERETAUNGA COLLEGE'S</p> <p>LEAVERS JERSEY 2019</p> <p>COST: \$90.00</p> <p>DUE: 13TH OF SEPTEMBER (FRIDAY WEEK 8 TERM 3)</p> <p>YOU CAN SET UP AN AUTOMATIC PAYMENT. SEE THE FINANCE OFFICE.</p> <p>MAKE SURE TO PAY IN FULL BY THAT DATE</p> <p>FOR ANY QUESTIONS PLEASE EMAIL ME ON: JESSICA.BARTON@HERETAUNGA.SCHOOL.NZ</p>	<p>PANUI</p> <p>Heretaunga College's School Magazine</p> <p>\$30*</p> <p>Pre-order at the student office now. <i>*Subsidised to \$20 if you have paid your school donation.</i></p> <p>Last day for sales will be Friday 27th September (last day of Term 3)</p> 	<p>HERETAUNGA COLLEGE'S LEAVERS BOOK</p> <p><i>A professionally printed book that includes Year 13 profiles, images, class photos and stories.</i></p> <p>COST \$30</p> <p>FINAL PAYMENT DUE: 13TH OF SEPTEMBER (FRIDAY WEEK 8 TERM 3)</p> <p>WE NEED A MINIMUM OF 35 SALES TO PRINT THE BOOK. IF THERE AREN'T 35 SALES THEN YOU WILL GET REFUNDED.</p> <p>YOU MUST PAY AT THE STUDENT OFFICE. YOU CAN SET UP AN AUTOMATIC PAYMENT. TO DO SO SEE THE FINANCE OFFICE. YOU CAN PAY IN INSTALLMENTS TO TAKE THE PRESSURE OFF.</p> <p>FOR ANY QUESTIONS PLEASE EMAIL ME ON SHAJAL.SONIA@HERETAUNGA.SCHOOL.NZ</p>
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MUSIC EXTRAVAGANZA

Music Extravaganza is happening on Thursday 12 September at 6pm in the school hall. A night of wonderful music performances presented by our talented students. Nibbles are included in the ticket price and other refreshments will be available for a gold coin.

VIP tickets (including nibbles and a table) are now on sale at the school office. Prices are \$10 adult and \$7 student. Door sales are also available on the night (food excluded) for \$5 adult and \$2 student.

HERETAUNGA COLLEGE MUSICAL PRODUCTION 2020

We are seeking expressions of interest from members of the community who might be interested in directing the show.

Please feel free to get in touch if you are willing to help with any other areas of the Production eg. costuming, set construction.

For further information please contact HOD Performing Arts, Megan Brownlie at brownliem@heretaunga.school.nz by Friday 30th August.

LIBRARY / WHARE PUKAPUKA

We love the new signage Maggie created for us. Check out our Facebook page for more photos or come in and have a look.

National Poetry Day is coming up on 23 August and we've shared lots of competitions and events on our Facebook page.

Finally a reading quote to inspire you as the term gets busy.

"Books are a uniquely portable magic." – Stephen King



JUNIOR ACTIVITY WEEK

Once again Heretaunga College will be offering a range of activities for students to participate in at the end of the year. If your son/daughter has not selected an activity please have them come to the office and identify which group they would like to join.

Payment can be made once your student has been allocated to a group. A note will be sent home advising which group your student has been placed in.



WHITE RIBBON AMBASSADORS

During 2019, Year 12 students participated in the programme to learn everything and more about White Ribbon Ambassadors. Last year Heretaunga College was the only college participating and turning up to have another 30 schools involved was a huge event for the White Ribbon Community. Throughout the day speakers' comments moved the entire room. White Ribbon has become a big part of my life and seeing so many youth coming into the programme and learning all about what White Ribbon does will hopefully help benefit our future, as the next generation of adults in this world and help to prevent this violence in whatever form it comes in.

Adrienne Monk
Year 13

BREAKFAST CLUB FOR STUDENTS

Building on the foundations of previous years, every Wednesday before school a team of Year 12's & 13's have been serving free breakfast to any and all students who come along to the cafe. Preparation is done after school on Tuesdays, when toasted sandwiches and buns are prepared for toasting in the morning. Other items on the menu include Weetbix, milk, hot chocolate, and occasionally fruits & other appetising treats. Run by the Student Board Representative and his team - Breakfast Club has proven to be quite a hit, with our food running out well before the start of school almost every Wednesday morning so far.

LEAVERS' BALL 2019

Our senior students and staff enjoyed a night of glamour at the 'Gatsby Glam' School Ball this year. We sincerely thank Karin Elliott from 'Beechwood Events' for her help bringing to life the Ball Committee's vision for the night.



VOLUNTEER ARMY

Collect your first badge now!!!!

Heretaunga College is a member of the Student Volunteer Army Foundation. This means that all of our students can register their volunteering hours to receive a SVA pin badge for free! So get registered and start logging your hours. This can be done retrospectively – you can log hours that you have already done. Register here:

service.sva.org.nz

HOW DOES IT WORK?

The SVA Award pin can be awarded by any nominated person at your school.
You can also register independently to receive these pins.



Member Pin
0 hours



Bronze Award Pin
25 hours



Silver Award Pin
50 hours



Gold Award Pin
100 hours

VOLUNTEERING IS...

If you're doing something to help other people and you're not doing it to make money then that's volunteering. Whether you're putting out cones at sports events, organising the school ball, caring for a sick whanau member, washing dogs at the SPCA, planting trees or picking up plastic rubbish at the beach you're making contribution to your community and that counts.

Got any questions? See Mrs Pike

SPORT

2019 New Zealand Secondary Schools Track, Field and Road Championships

The Local Organising Committee (LOC) wish to confirm that the NZSS Track & Field champs are to be held over two and a half days, commencing on **Friday 6 December 2019 at 1:00 pm at Newtown Park, Athletics Track, Wellington.**

Please see Claire or Debbie for more information.

Congratulations

Katie Hawley and **Jessie Pitiroi** are two of our strongest club artistic skaters here in Upper Hutt. They attended the week long NZ Artistic Roller Skating Nationals in New Plymouth in the second week of the holidays. Both girls did extremely well in their very competitive grade.

Not only did they do well but they both have been selected to represent NZ in the up and coming Oceania's Artistic Roller Skating Championships in Melbourne in October.

Jessie was selected to skate in Cadet Free Skating, Cadet Solo Dance, Cadet Figures.

Katie was selected to skate in Cadet Free Skating, Cadet Solo Dance and Cadet Figures and in the Senior Quartet (which is 2 grades higher than her actual grade).

Here are the results from Nationals.

Jessie Pitiroi

3rd in Cadet Figures
4th in Cadet Solodance
5th in Cadet Freeskating
2nd in Preliminary Loops

Katie Hawley

1st and the National Title Holder for Cadet Freeskating
2nd in Cadet Figures
2nd in Cadet Solodance
4th in Advanced Loops
1st in Senior Quartet



CAREERS

Open Days

The University of Auckland - Saturday 31 August, 9am to 3.30pm

To register and get more information go to openday.ac.nz

AUT - Auckland University of Technology - Saturday 31 August

To register and get more information go to <https://www.aut.ac.nz/events/aut-live>

Scholarships

University Scholarships for Year 13 Students

MoneyHub, a consumer finance website, has published a guide to hundreds of scholarships for any student planning to start university in 2020. The comprehensive list includes scholarships offered by every university as well as those specifically available to local students. A list of privately-funded, Maori, Pacific and International university scholarships completes the list. Applications close throughout the year, with tens of millions of dollars available. MoneyHub has also published a list of tips for scholarship success.

For more details and to find suitable scholarships, visit the [MoneyHub Scholarship page](#)

Information on Scholarships can be found on:

- The Tertiary provider's websites.
- The MoneyHub website has a lots of Scholarships <https://www.moneyhub.co.nz/scholarships-nz.html>

University of Auckland

University of Auckland Top Achiever, Māori Academic Excellence, Pacific Academic Excellence and Academic Potential scholarships are open for applications.

These scholarships, and other scholarships for school leavers can be accessed via www.auckland.ac.nz/scholarships

University of Canterbury Accommodation Scholarships

There are 150 Go Canterbury Scholarship for Year 13 students from Wellington and Auckland. Registrations opened on 20 June. www.canterbury.ac.nz/gocanterbury

VICTORIA UNIVERSITY OF WELLINGTON GRADUATES

The following are former pupils of Heretaunga College who have graduated from Victoria University of Wellington between June 2018 and May 2019. We join with you in acknowledging and celebrating the students' wonderful success.

Catherine	Bland	BA - Bachelor of Arts
Samuel	Carter	BBMEDS - Bachelor of Biomedical Science
Rebecca	Chandler	GDTCSG - GDip Teaching (Secondary)
Jordan	Cochrane	BSC - Bachelor of Science
Jordan	Cochrane	GDTCSG - GDip Teaching (Secondary)
Petra	Dickens	BA - Bachelor of Arts
Hayden	Flanagan	BA - Bachelor of Arts
Joanna	Gemmell	BSCHON - Bachelor of Science with Hons
MacKenzie	Gerrard	BA - Bachelor of Arts
Rachel	Gordon	BA - Bachelor of Arts
Alexander	Gray	BSC - Bachelor of Science
Nicole	Groombridge	BA - Bachelor of Arts
Alicia	Hammond	BA - Bachelor of Arts
Kiriana	Haze	BAHONS - Bachelor of Arts with Honours
Margaret	Hope	MHC - Master of Health Care
Jack	Humphrey	MSWDEV - Master of Software Development
Lewis	Johnson	BA - Bachelor of Arts
Samuel	Limmagine-Werner	BA - Bachelor of Arts
Teresa	Millar	BA - Bachelor of Arts
Alexandria	Mulligan	BMUS - Bachelor of Music
Paige	Nuku	BT/BA - Conjoint BA/BTeach
Anna	Papp	BA - Bachelor of Arts
Lana	Parton	GDTCPR - GDip Teaching (Primary)
Andrew	Paton	BSC - Bachelor of Science
Micayla	Patton	BA - Bachelor of Arts
Dano	Phy	BEHONS - Bachelor of Engineering (Hons)
Amandeep	Rawat	BDI - Bachelor of Design Innovation
Alinor	Rose	BBMEDS - Bachelor of Biomedical Science
Krishveet	Sheik	BCOM - Bachelor of Commerce
Kaeaamokura	Smiler	BSC - Bachelor of Science
Eliza	Stanley	BA - Bachelor of Arts
Jamie	Tahana	MIR - Master of Int'l Relations
Jessica	Thompson	BA - Bachelor of Arts
Stacey	Willcox	BDI - Bachelor of Design Innovation
Riley	Willis	MBSC - Master of Building Science
WenWen	Zhen	MCOM - Master of Commerce

STUDENT JOB DIRECTORY

MoneyHub has published a comprehensive directory of student jobs for summer 2019-2020. With 50+ well-known employers listed and links to their student job application details, there is something for everyone. **Getting a summer job is a lot easier with this guide**, exclusive to MoneyHub. To access the guide, visit the [MoneyHub Student Job Directory](#).

Bright Awards Entries Are Now Open!

Established by MDS, the Bright Awards are an opportunity for creative students in Years 11-13 to showcase their work and win substantial cash prizes.

Categories include Graphic Design, Web and Interactive, Photography, Animation, and Games, and the winner of each category gets \$1000 for themselves and \$3000 for their school.

We also have an award for the Bright School of the Year, for the school that best demonstrates their ability to produce talented students in the fields of digital and traditional design.

We know a few of you have already factored the awards into your curriculums, so for you this is just a friendly reminder that entries close on Sunday 15 September.

<https://brightawards.co.nz/>

Media Design School



The Open Day Schedule

10.15am:

Bachelor of Media Design (Graphic, Motion & Interactive Design)

Bachelor of Art & Design (3D Animation & VFX)

Digital Creativity Foundation Programme

Artificial Intelligence + Cloud Computing

11.30am:

Student Support & Admissions

Bachelor of Software Engineering (Game Programming) + Bachelor of Creative Technologies (Game Art)

12.45pm:

Bachelor of Media Design (Graphic, Motion & Interactive Design)

Bachelor of Art & Design (3D Animation & VFX)

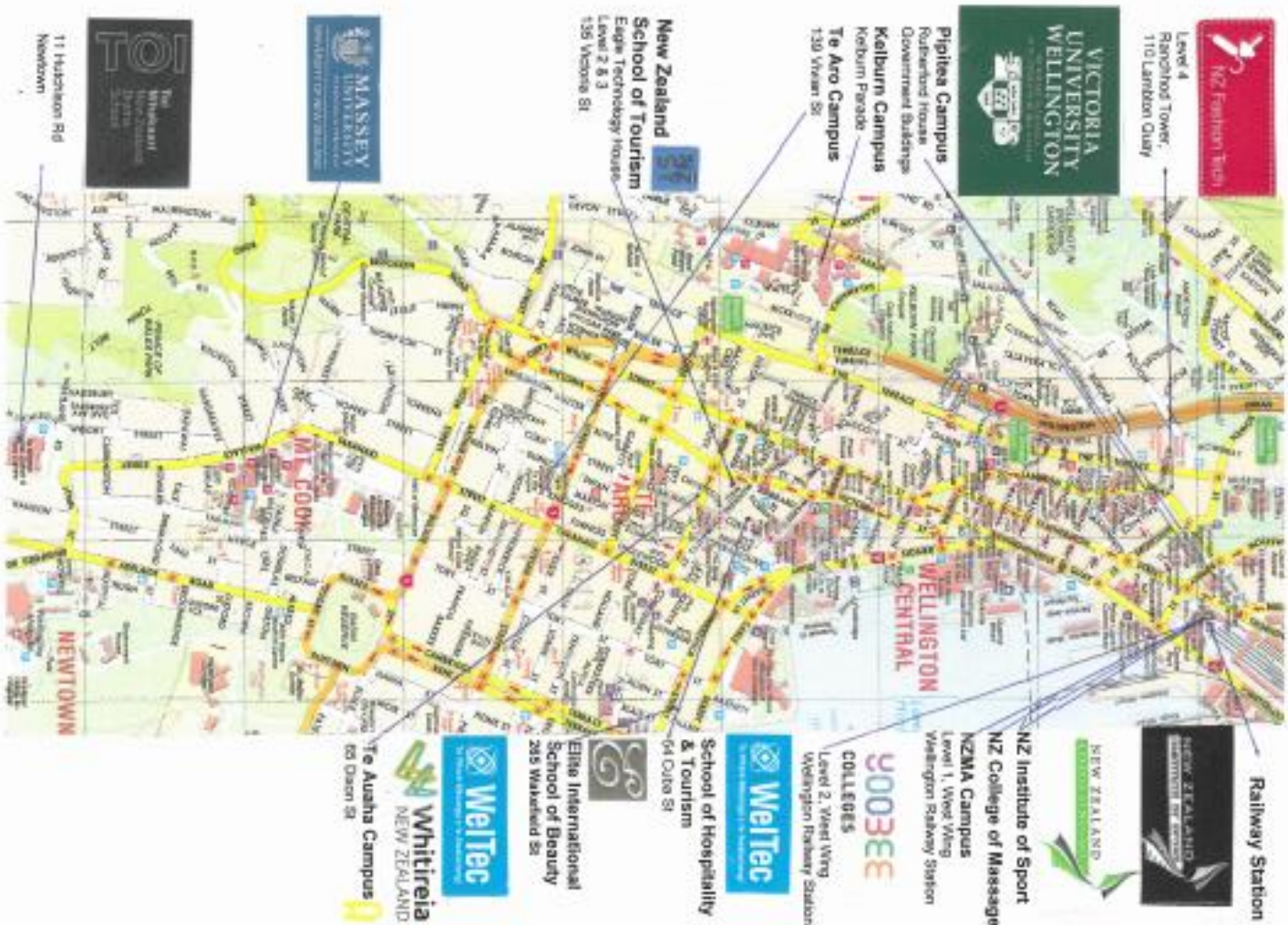
Digital Creativity Foundation Programme

2.00pm:

Student Support & Admissions

Bachelor of Software Engineering (Game Programming) + Bachelor of Creative Technologies (Game Art)

Wellington Tertiary Open Day Friday 23rd August 2019



Wellington Tertiary Open Day Friday 23rd August 2019

Wellington Tertiary Open Day is for all senior students, parents and whānau to have a look around the campuses, see displays and talk to tutors and students.

Victoria University - Kelburn Campus, Pipitea Campus & Te Aro Campus 8am-3pm

- Outside Wellington Railway Station student ambassadors will guide you to the Pipitea Campus where free shuttle buses to the Kelburn Campus will leave from 7.45am to 10am.
- After 10am free looping buses will take you to Kelburn Campus, Te Aro Campus and back to Pipitea Campus (near Wellington Railway Station).
- For more information and to register go to www.victoria.ac.nz/open-day

Massey University 9am-3pm

- Bus number 3 from Wellington Station Stop B to Wallace Street. Departs every 10 minutes.
- For more information go to www.massey.ac.nz/pendays

Whitireia and WeITec, School of Hospitality & Tourism Campus 9am-2pm

- 54 Cuba Street, Wellington
- For more information go to www.whitireia.ac.nz or www.weitec.ac.nz

Whitireia and WeITec, Te Auahea NZ Institute of Creativity Campus, 9am-2.00pm

- 65 Dixon St, Wellington
- Whitireia and WeITec have brought all their creative arts programmes under one roof in this purpose built campus.
- For more information go to www.whitireia.ac.nz or www.weitec.ac.nz

New Zealand School of Tourism, 9am-3pm

- Eagle Technology House, Level 2 & 3, 135 Victoria St, Wellington
- For more information go to www.nzschooloftourism.co.nz or call 0800 10 20 20

YooBee Colleges, 10am-3pm

- Level 2, West Wing, Wellington Railway Station.
- To book a session email Sarah Wade sarah.wade@yoobee.co.nz or call 364 9624.
- For more information go to www.yoobee.ac.nz

NZ Institute of Sport, 9am-3pm

- Level 1, West Wing, Wellington Railway Station, Wellington
- For more information go to www.nzis.co.nz or call 495 8390

NZ College of Massage, 10am-2pm

- Level 1, West Wing, Wellington Railway Station, Wellington
- For more information go to www.massagedcollege.ac.nz or call 366 8400

NZMA Wellington Campus, 10am-2pm

- Level 1, West Wing, Wellington Railway Station, Wellington
- For more information go to www.nzma.ac.nz or call 801 2890

NZ Fashion Tech, 3 sessions 11am, 11.30am and 1.30pm

- Level 4, Ranchhod Tower, 110 Lambton Quay, Wellington
- To reserve your spot email hernionem@whitecliffe.ac.nz
- For more information go to www.nzfashiontech.ac.nz or call 0800 800 300

Elite International School of Beauty and Spa, 9am-4pm

- 265 Wakefield St, Wellington
- For more information go to info@elite.ac.nz or call 0800 GO ELITE

Toi Whakaari - NZ Drama School, 9am-3pm

- 11 Hutcheson Rd, Newtown, Wellington
- Guided tours at 10am, 12.30pm & 3pm. To book a tour register on their website <https://toiwakaari.ac.nz/portfolio/tertiary-open-day-2019/>

GENERAL INFORMATION

Parking At Heretaunga College

Please do not park on the lawn at any time. If there are no parking spaces within the college car parks then please park on the street.

Signing In/Out of College

Students are reminded to sign in at the student office if you are late to school.

All students should have a note explaining their lateness or parents should ring the College absence line (**939 9370 Ext 814**) or email **absences@heretaunga.school.nz**

When signing out to attend appointments students are required to present a note to the office.

If a student is unwell they are required to come to the student office where office staff will call a parent.

Uniform

A reminder to parents that a note **MUST** be provided if there is an issue regarding uniform.

Please name your students uniform. We can return lost items quicker if they are named.

New Absences Email Address

In addition to the phone line for absences (939 9370 press 1) there is now an absences email address

absences@heretaunga.school.nz

This email address will be cleared by the Attendance Officer.

Panadol

We do NOT supply students with Panadol. If your son/daughter requires pain relief whilst at school they must bring it from home. The Student Office will store this for your son/daughter in a locked medical box.

Calculators

Does your son/daughter have a calculator that they can bring to school every day? If not, then they can obtain a Sharp EL-531 WH scientific calculator through the College for the low price of \$18. We engrave the calculator with the name of your son/daughter for free! We are also selling Casio Graphics calculators for \$98! (both the cheapest prices around!) To get these essential pieces of technology, get your son/daughter to pay and order at the student office.

From the Finance Team

Making Payments

Cash or cheque payments can be made at the college office between 8.00am and 2.15pm daily, with Eftpos facilities are available until 3.15pm.

Students can make payments before school starts each morning and during school break times only.

Alternatively, payments can be made online.

The schools bank account is: **Heretaunga College Board of Trustees**

ASB: 12 – 3478 – 0030501 – 00

Please ensure that if your payment is for anything other than fees, please advise i.e. Netball and, if known, your student ID number.

If you have any questions or feedback, please contact Kirsty or Ady at accounts@heretaunga.school.nz or ring 939 9370 and ask for the finance team.

Uniform Shop

The Uniform shop hours are:

Tuesday: 8.00am to 8.30am

Friday: 3.20pm to 4.20pm

Payment is to be made at the time of uniform purchase. If you have an account with the school, prior approval from the finance team is required before uniform can be put on your child's account.

As of 1st of July the Uniform Shop will no longer provide plastic bags. We would ask that you bring your own bags to the Uniform Shop.

Fizz-free School

Heretaunga College is a fizz-free school. Please remind your son/daughter of this rule. Fizzy drinks will be confiscated from students.

Parent KAMAR Portal

Access to School Reports and Other Information

Each parent has access to the parent portal via the school internet page (www.heretaunga.school.nz). You find the link in the top right hand corner. Here you can access all of your children's academic data such as attendance, school reports, current results and teachers' comments as well as pastoral entries. Alternatively, you can download the Kamar app from the Apple Store or Google Play store. Access details were emailed out but if you have misplaced your user name and password, please contact the school office.

5 August 2019

To Whom It may concern,

PERTUSSIS (WHOOPIING COUGH)

A child at Heretaunga College has been diagnosed with whooping cough. They were infectious from 12 July 2019. The time from contact with the bacteria to getting sick is usually 2 weeks (range from 1 to 3 weeks).

Whooping cough may start with a runny nose which then proceeds to prolonged bouts of coughing. It can be a very serious in babies under 1 year of age and people at risk of severe disease and complications (chronic respiratory conditions, congenital heart disease or immunodeficiency). Adults often do not have the classical whooping and vomiting after bouts of coughing. Treatment is usually a 5 day course of an antibiotic Azithromycin. A person is no longer infectious after 2 days of the antibiotic treatment is completed.


In children under one year of age this can be very serious. Women in the last 4 weeks of pregnancy are advised to see their GP or Lead Maternity Carer.

We recommend the following actions:

- Anyone with a persistent cough should see their doctor, and stay away from school / work/ social activities until the doctor is sure it is not whooping cough.
- Check all your children are up-to-date with their Pertussis (Whooping Cough) immunisations. The Pertussis immunisation is given at six weeks, three months, five months and a booster at 4 and 11 years of age.
- Early childhood workers and health professionals who have contact with babies, pregnant women and immunocompromised people are recommended to have a booster pertussis vaccine (Boostrix Vaccine) every 10 years. Ask your medical centre about the cost for this.
- Pregnant women are strongly recommended to get FREE Boostrix vaccine between weeks 28-38 of pregnancy. This will reduce the risk of getting the disease and passing it onto your new born baby. The vaccine provides protection pre and post-delivery to the mother and to the baby for the first 6 weeks.
- Pregnant women and people with chronic respiratory conditions, congenital heart disease or immunodeficiency are advised to telephone the Communicable Disease Team (Public Health Nurse) on (04) 570 9002 to discuss if you may need antibiotics.

If you have any questions contact your family doctor or practice nurse, or phone the Communicable Disease Team (Public Health Nurse) on (04) 570 9002.

Yours sincerely,



Tracey Green
Public Health Nurse

Regional Public Health, Private Bag 31907, Lower Hutt 5040 | P 04 570 9002 F 04 570 9211 E rph@huttvalleydhb.org.nz | www.rph.org.nz

Kia ora Heretaunga College!

We thought we would share with you some fantastic student success from your school.

Emma McNaughten attended both Digital Illustration & Digital Painting in the April Holidays this year and she made an amazing final piece!

We loved her work so much that we featured it on one of the three coveted spots on the front of our lift doors. This is a massive achievement for even a full-time student and it is the first time we have had a holiday programme student featured.

Big congratulations to Emma, the recognition is well deserved and we hope she continues to keep creating spectacular artwork as we believe she has tremendous potential and a bright future as a digital artist!

From the Yoobee Colleges Wellington team!



Tutor Feedback

"Emma is a student with keen observational and communication skills. She understands that the only way to get better is to jump at new opportunities in order to learn.

Emma's ability to ask incisive questions demonstrates her capacity to understand the nuances of any given subject.

This quality is only paralleled by her passion for the craft and positive attitude which creates an artist that everyone should be on the lookout for. A pleasure to teach, I can't wait to see what she does next."

Danan Swanson

Digital Illustration & Painting Tutor

Mindset Magicians – Developing Can Do Kids

Special! \$5 for a one hour session. Fun, engaging and easy tools and techniques for kids and teens to help feel calm, confident and cope with challenges. Monday 2 September: 3.30pm-4.30pm for ages 6-10, 5pm-6pm for ages 11-14. Thursday 5 September: 7pm-8pm for ages 15+ (includes tools for managing exam nerves). @ The Spot, 651 Fergusson Drive, Upper Hutt. Please contact Diana info@mindsetmagicians.com, ph 0212303446 or book online at www.mindsetmagicians.com (events) Sponsored by Arts a Go Go! Performing Arts School for Kids

Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate to your chosen participating school:

\$500

How to claim this offer

Mention this offer to your ASB banker when you apply for your new home loan.

Your new home loan application must be received, approved and then documented in a facility agreement, between 1 July 2018 and 30 June 2019.

Visit www.asb.co.nz/promotions/supporting-success-in-your-school for more information and eligibility criteria.

Once your loan is fully drawn down, ASB will donate \$500 to your chosen participating school.

› asb.co.nz/schoolbanking

ASB
ONE STEP AHEAD

Lending criteria and terms apply to home loans. Fees may apply. Eligibility criteria: documentation of the facility agreement must be done by 30 June 2019; mention of this promotion must take place during the home loan application process to ensure eligibility. Only applicable to loans which are secured by residential owner-occupied property with a minimum of 20% equity required; excludes lending through brokers; Limited to one donation per customer. Donation will be made to chosen school on complete draw down of the home loan. For full eligibility criteria, exclusions and further details see <https://www.asb.co.nz/promotions/supporting-success-in-your-school.html>

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Entertainment books are available online or from the main office. They are \$65 with thousands of valuable 2-for-1 and up to 50% offers at many of the best restaurants, arts, hotels, travel, shopping and much, much more.

To order your Digital Membership or Book online visit:

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20% from every membership sold contributes to fundraising for Junior Activity Week Adventure Awaits group.

Shoe Clinic
The fitting choice

SCHOOL REWARDS PROGRAM

For every pair of school shoes sold, Shoe Clinic will give a \$10 donation to your school, helping give your child more opportunities ...
Simply nominate your school in store

18 Stores Nationwide - www.shoeclinic.co.nz

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The perfect shoes for your feet -
or your money back with our
30 Day Money Back Guarantee!

If you're not completely satisfied with how your new shoes fit, you can bring them back within 30 days for a replacement or a full refund.



**Only Adolescent
Session in Hutt
Valley!!**

THE ADOLESCENT BRAIN

A session to help you understand : and interact more positively

Come along and hear KATHRYN BERKETT explain the incredible transition that is happening for our young ones.

If you live or work with anyone going through the joys of adolescence, this will make incredible sense to you. And even better, we will talk about WHAT TO DO!!

We all struggle at times, getting the kids to school, bedtime, getting them to help around the house. A certain amount of 'discussion' can always be expected in a busy household. But when times become more stressed than fun, we really need to consider what is going on.

This session will give you incredible insight, in such a short time, into what is going on for an adolescent, in their brains and in their bodies. This information can be immediately applied to your world. Reports of 'you have changed our household' and 'I get it now' are very common from those who attend this session. Why wouldn't you come along??

Kathryn is a mother of two (both in stages of adolescence!) and has her Masters in Educational Psychology. She will explain what is going on in simple, real language. You will leave her session with practical tips that you can use IMMEDIATELY.

Kathryn has been working in this area and training international audiences for over sixteen years; working with groups such as Police, Teachers, Parents, Social Workers, NZ Rugby and many more.

Come along to this unique, local opportunity to hear what might be the most useful information of your life!

LEARN WHAT TO DO IN
THAT MOMENT OF
CONFLICT

REAL 'TAKE HOME'
STRATEGIES

IDEAL FOR THOSE
WITH AGES 10+

EASY TO UNDERSTAND
EXAMPLES

Thurs 22nd Aug
7:00 – 8:30pm

Sacred Heart College
65 Laings Road
Lower Hutt

Tickets from
Eventbrite.co.nz

\$15

Search

'Adolescent Brain'

*Excellent presentation,
loved the examples, easy
to understand. Have
heard some of the info
many times before
however the way you
explained things CLICKED
for me! – Parent
(Whangarei)*

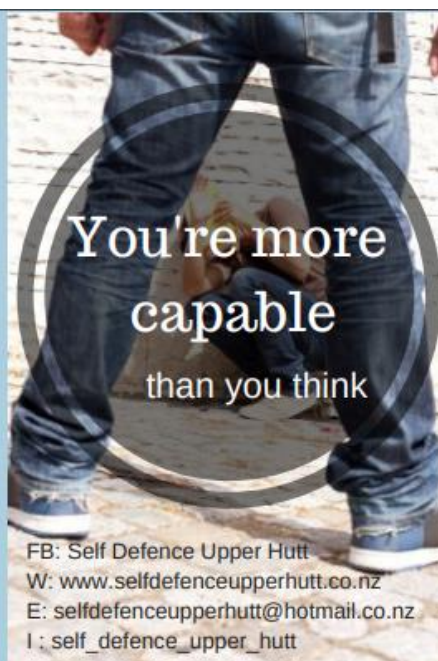
SELF DEFENCE —upper hutt—

Come & learn to defend yourself in real life situations. Combat Hapkido is more than just a martial art, it is a self defence system designed for everyone.

Monthly fee \$20

(*\$60 Joining Fee applies)

Monday evenings
14yrs + 7pm-8pm
Totara Park Primary School



FB: Self Defence Upper Hutt
W: www.selfdefenceupperhutt.co.nz
E: selfdefenceupperhutt@hotmail.co.nz
I : self_defence_upper_hutt

No Bake Muesli Slice

The perfect breakfast on the run, nut free snack for a lunch box, or just an afternoon nibble to keep your cravings at bay. Vegan friendly too!

Ingredients:

- 2 1/2 Cups Rolled Oats
- 1/4 Cup Chia Seeds
- 1/3 Cup Pumpkin Seeds
- 1 Cup Shredded Coconut
- 1/4 Cup Psyllium Husk (great fibre source! Optional)
- 1 Cup Dark Chocolate Chips
- 1/2 Cup Rice Syrup (could use honey instead)
- 1/2 Cup Melted Coconut Oil



Directions:

In a food processor, pulse the oats until they are fine, but not "flour" like. Add all remaining ingredients and pulse until mixed well.

'Pour' into a slice tray and press down. Freeze for 2 hours. Tip entire slice upside down on a chopping board and slice into squares. It's that easy!

Makes 24 squares.

Store in an airtight container in the fridge.



"The Way Out Wacky Races" Trolley Derby

Saturday 21st September 2019
Rain off date 22nd September 2019
Twin Lakes Road, Te Marua, Upper Hutt
Racing will start at 9.00am

ENTRY FEES
\$2 PER RIDE ON A ROTARY KART
\$5 FOR AN OUTSIDE ENTRY PLUS \$1 PER TRIP
DOWN THE HILL

A Fun Day out for the whole family
Come and test your skill down the hill
(Min. age for entry 5 years)



Presented by
The Rotary Club of Upper Hutt

Find us on
 Facebook


Why do Kids Behave this Way?

Kathryn Berkett

Come and listen to acclaimed Educational Psychologist Kathryn Berkett discuss the neuroscience behind why our children (and ourselves!) have those 'moments'. Why do they fly off the handle sometimes, for seemingly no reason? Wouldn't it be great to understand why?

You will get tips on how to create a home where these moments are less likely to happen and how to handle that 'moment'.

Fabulous information and tools for parents who are finding some of the situations at home a bit difficult to deal with.



ENGAGE
MORE CONTROL | LESS IMPULS

Date and Time

Tue, 10th September
7.00 pm - 8.30pm

Location

St. Brendan's School Hall
56 Palmer Crescent, Upper Hutt



\$12 per person

Book your place here:
<https://forms.gle/nqudD3fceViB5P8Z7ptf@stbrendans.school.nz>
Tickets include tea, coffee and a sweet treat.

vibe WHY VIBE ORIENT
VIBRANT YOUNG PEOPLE, VIBRANT COMMUNITIES

We've moved!

From Monday 5 August 2019
Vibe Upper Hutt
 will be operating from our new premises at
 Unit 3, 222-228 Main Street,
Our entrance is opposite the roundabout

We look forward to welcoming you at our new premises

Opening Hours

Monday	1:00 – 5:00 pm
Tuesday	1:00 – 5:00 pm
Wednesday	1:00 – 5:00 pm
Thursday	9:00 – 5:00 pm
Friday	1:00 – 5:00 pm

Upper Hutt: 04 528-6261
 Lower Hutt: 04 566-0525
www.vibe.org.nz

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IMPROVING YOUR EAR HEALTH

Easy Ear Care provides a premium ear wax and foreign object removal service via microsuction.

We are committed to providing personable, individualised client-centred ear care that improves your quality of life and aids better communication.



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www.easyearcare.co.nz



Easy Ear Care is the only full-time, independently owned and operated clinic, dedicated to providing microsuction (ear wax removal) within Upper Hutt.

We give professional advice on the management of various ear conditions including:

- Earache
- Tinnitus
- Ear infection
- Eustachian tube dysfunction (ETD)
- Hearing loss
- Aeroplane ears
- Balance disturbances
- Swimmers and surfers ear

Easy Ear Care are experienced in treating children and those with special needs, we offer home visits by arrangement, and walk-ins are accepted.

Office 3, 134 Main Street, Upper Hutt
 (entrance on George Street)
 Open Saturdays and late night Thursdays

Book an appointment online or phone
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www.easyearcare.co.nz