



# HERETAUNGA COLLEGE

Ward Street, Upper Hutt 5018 Telephone: 939 9370  
Email: [info@heretaunga.school.nz](mailto:info@heretaunga.school.nz) Website: [www.heretaunga.school.nz](http://www.heretaunga.school.nz)

## Newsletter – September 2019

### IMPORTANT DATES

27/9-14/10 – School Holidays  
15/10-17/10 – Touch Referee Course  
15/10 – Key Skills Course – Full Day  
15/10 – Year 12 Leadership Day  
17/10 – Massey University Course Planning  
18/10 – AWD Bocce/Boccia  
18/10 – Senior Mentoring – Key Skills Development Keynote  
22/10 – BIO303 Trip to the Zoo  
22/10 – Rainbow Youth Meeting at MB  
23/10 – White Ribbon Senior Assembly  
23/10 – DRA101 Show Night  
24/10 – Sports Awards 2019 @ 6pm  
25/10 – Year 10 Ontrack Ignite Academy  
1/11 – AWD Swimming  
4/11 – Cultural & Service Awards  
4/11 – Senior Prizegiving  
5/11-7/11 – Junior Exams  
5/11 – BOT Meeting  
7/11 – NCEA Exams Begin  
8/11-9/11 – CSW Jnr Volleyball Tournament  
11/11-12/11 – Year 9 Science Field Trip  
12/11 – Powerlifting Competition  
13/11 – AWD Floorball League starts  
14/11-15/11 – Year 9 Science Field Trip  
14/11-15/11 – Youthtown Women's Wellbeing Programme  
14/11 – CSW Jnr Touch Tournament  
18/11-19/11 – Year 10 Science Trip  
20/11 – Junior Ki O Rahi  
22/11 – CSW Junior Softball Tournament  
26/11 – CSW Junior Bowls Tournament  
28/11 – Year 10 Prize Giving  
29/11 – Year 9 Prize Giving  
2/12-6/12 – Junior Activities Week  
9/12 – Year 13 Farewell at Art of Food

### TERM DATES:

Term Four:  
Monday 14 October – Friday 6  
December

### BOARD OF TRUSTEES

Meet on the first Tuesday of each month at 6.30pm in the board room. All welcome to attend.

### ENROLMENTS FOR 2020

Enrolment packs for in-zone enrolments are available at the main office. Packs were sent to all Year 8 students from Maidstone Intermediate and Fergusson Intermediate. If you did not receive a pack please come to the office to collect one.

### CONTACT DETAILS

Have you changed your contact details?

Please advise the office of any changes to your address, phone numbers, email address or emergency contact details. Details can be changed by phone, email or through the parent portal. If you are unable to access the portal please contact the college office for assistance.

### UNIFORM REMINDER

Senior students are expected to wear correct school uniform through to their senior prize giving on 4 November. Plain black or brown Roman sandals (no socks) are permitted for wearing in Term 4.

A reminder please: earrings are two studs or sleepers in each ear only (not dangly earrings or big hoops), and one small nose piercing (not nose ring). Plain white socks for girls, plain black leather shoes for all. Plain black jackets without logos. Please support our school in ensuring that your child has the correct uniform, and if they do not, provide a note to the school.

### SENIOR PRIZE GIVINGS

On 4 November our senior students will attend their prize givings. In the morning they are expected to attend the Service and Cultural Awards Ceremony at Lane Park Church. Students who do not attend this event are not permitted to attend the evening academic prize giving ceremony. Students are expected to work their outside work commitments around this date as this is officially a school day. The Academic Awards ceremony will also take place at Lane Park Church on the evening of 4 November.

Further details will be provided closer to these events.

### SECOND-HAND UNIFORM

If you have any uniform you no longer require please consider donating this to the main office. We are looking for both junior and senior uniforms, together with socks and shoes. Good quality items are sold for a minimal fee and this money goes towards pastoral care for students and families in need. Any lesser quality items are used in emergency situations.

### 2019 ARMOURY MEMBERSHIP

If students or parents/caregivers are wanting to sign up to the Armoury for 2019 please get in contact with Mr Max Pearson - [pearsonm@heretaunga.school.nz](mailto:pearsonm@heretaunga.school.nz)

It is open to the public before and after school and during the weekends. The cost is \$60 for half year or \$110 for a full year which ends at the end of January 2020.

## WELLINGTON FREE AMBULANCE ONESIE DAY – 6 SEPTEMBER

The staff and students from the Teen Parent Unit raised \$117 towards the Wellington Free Ambulance. This is an amazing achievement by these young mums.

The staff at Heretaunga College also participated and raised \$151.40 for the Wellington Free Ambulance. Well done team!



## LET'S TALK ABOUT EXAM STRESS

A meet-up at VIBE to get together and talk about exam stress (and how we manage it!) in a friendly one off session with some VIBE counsellors and other students who are dealing with the same stuff. Any high schoolers who are interested are warmly invited to come along for some kai, practical tips, and discussion with us.

Dates and times:

LOWER HUTT VIBE - Wednesday 2 October from 1.00pm - 3.30pm

UPPER HUTT VIBE - Tuesday 8 October from 1.00pm - 3.30pm

If you want to come then please let us know by the 24 September

Email or text Mandy at [Mandy.Holmwood@vibe.org.nz](mailto:Mandy.Holmwood@vibe.org.nz) or 027 357 0002

## 2018 PANUI

We have 14 copies available for sale at \$20.00 each. These will be sold on a first in first served basis. Please see the school's main office.

## HERETAUNGA SCHOOL OF HOSPITALITY

The Heretaunga College School of Hospitality offers a **NZ Certificate in Hospitality (Basic Cookery Level 3)** and is currently enrolling students for 2020.

The course involves running the school cafe and catering business and covers cookery, an internationally recognised City and Guild Barista qualification through Mojo in Wellington, front of house and loads more. The fees are low (\$280) and our students are highly employable and well respected in the industry with almost all finding work during or upon completion of the course.

If you would like to find out more you can email [wilsonw@heretaunga.school.nz](mailto:wilsonw@heretaunga.school.nz) or call into the café at Heretaunga College for a chat and to find out more information. The SOH is open to current Heretaunga College students, students from other schools and mature students. Some prior hospitality training or study is preferred but enthusiasm and a good attitude is the most important thing. Acceptance is subject to an interview and trial.



## SHOUT OUT

Huge shout out to groundskeeper John and his canine sidekick Gus from the Footy Gals for all their hard work this season! We are blessed to have the best human/canine team looking after the best grounds in the region and are super grateful for all the work John and Gus put in to make our fields the envy of all schools in Wellington and the Hutt Valley. Shot to the Footy Gals for shouting John a couple of quiet beverages and chocolates, and for Gus a massive bone to gnaw on and some other treats, including delicious dried pig's ears. Thank you John and Gus for all that you do to support sport at Heretaunga College!

## JUNIOR ACTIVITY WEEK

Once again Heretaunga College will be offering a range of activities for students to participate in at the end of the year. If your son/daughter has not selected an activity please have them come to the office and identify which group they would like to join.

Payment can be made once your student has been allocated to a group. A note will be sent home advising which group your student has been placed in.

## BREAKFAST CLUB FOR STUDENTS

Building on the foundations of previous years, every Wednesday before school a team of Year 12's & 13's have been serving free breakfast to any and all students who come along to the cafe. Preparation is done after school on Tuesdays, when toasted sandwiches and buns are prepared for toasting in the morning. Other items on the menu include Weetbix, milk, hot chocolate, and occasionally fruits & other appetising treats. Run by the Student Board Representative and his team - Breakfast Club has proven to be quite a hit, with our food running out well before the start of school almost every Wednesday morning so far.



## LIBRARY / WHAREPUKAPUKA

Check out our new exterior signage. Thanks to Charlotte in Year 12 who worked with us for her Digi project. We know it will make it a lot easier for our visitors to find us.

Senior students need to start returning books (particularly if they are already overdue). Year 11's and 12's who are returning next year can sign up for our Summer Reading Programme.

Keep an eye on our Facebook page or see Ms Leamy for more information.

## STUDENT VOLUNTEER ARMY

### Collect your first badge now!!!!

Heretaunga College is a member of the Student Volunteer Army Foundation. This means that all of our students can register their volunteering hours to receive a SVA pin badge for free! So get registered and start logging your hours. This can be done retrospectively – you can log hours that you have already done. Register here:

[service.sva.org.nz](http://service.sva.org.nz)

#### HOW DOES IT WORK?

The SVA Award pins can be ordered by any, non-student person if you wish, but you can also register in order to receive these pins.



Member Pin  
glares



Bronze Award Pin  
glares



Silver Award Pin  
glares



Gold Award Pin  
glares

#### VOLUNTEERING IS...

—  
If you're doing something to help other people and you're not doing it to make money then that's volunteering. Whether you're putting out cones at sports events, organising the school ball, caring for a sick whānau member, washing dogs at the SPCA, planting trees or picking up plastic rubbish at the beach you're making contribution to your community and that counts.



## SPORT

### 2019 New Zealand Secondary Schools Track, Field and Road Championships

The Local Organising Committee (LOC) wish to confirm that the NZSS Track & Field champs are to be held over two and a half days, commencing on **Friday 6 December 2019 at 1:00 pm** at **Newtown Park, Athletics Track, Wellington**.

Please see Claire or Debbie for more information.

### **Tournament Week**

#### Premier 1 Netball – LNISS Tournament - Wellington

In all the years (9 of them) that I have been attending the LNISS Tournament for Netball, 2019 is the first year it was held inside. What a difference. Apart from the obvious – not playing in the rain, wind and cold; the game was a lot faster, physical and louder – the noise echoes; and only got louder from the Wednesday, as Basketball was played there as well.

Overall the girls finished 21 out of 32 teams in Section A, which was three places higher than 2018 (24). We lost 3 of our starting 7, Maddi with injury, Portia with illness and Carley had to leave early; so we were down to 7 for our Thursday evening and Friday final's games. Our young ones/newbies had to step up (there was the look of fear only occasionally); and they were amazing. Shane and I are so proud of the girls. There were a few hiccups along the way, but overall they stayed strong and pulled through when they needed to. Friday's final ended on a draw so it was the first team to finish 2 points up to take out the win (Heretaunga). Next year we will be a team building again as we lose four Year 13 girls – Maddi, Portia, Leah and Brandi; we may also lose Brehan. Wherever the future takes our Year 13 girls, good luck in your new adventures – we will miss you both on and off the Court.



#### Girls Football – Gary Snowden Tournament - Timaru

The football girls attended the Gary Snowden Tournament in Timaru, flying down on Sunday for a week of football against some of the best South Island teams. The week began with a tough match against the competitions eventual winners Marian College, but we recovered to defeat Buller High School 12 - 0 that afternoon. Tuesday saw us play for a spot in the top half of the competition, but we narrowly went down to Nelson Girls' College. The next two days though saw the team win three games from three, beating Mountainview College, Dunstan High School and Nayland College, playing some great football to finish ninth overall. This was a very young team with half the players in Year 9 or 10, which means the future looks bright for the squad.

The team was really well led by 'the aunties' - Summer, Jessie, Faith and Gracie - and thanks also to Tarnz Goose for supporting the team on their trip. The girls rounded out their trip with a visit to Christchurch for some retail therapy, and a night in the Jucy Snooze pods, and tired and poorer, flew back from Christchurch on Friday.



#### Boys Football – Trident Football Tournament – Whangarei

The 1<sup>st</sup> XI football team travelled to the mighty Whanganui to compete in the Trident Football Tournament. Coming off the intense highs of winning the Division One final the boys were looking to continue with their winning ways. Unfortunately, this was not to be. Although the intent was there, they lacked a bit of luck and lost four out of the five games in pool play. This meant that the highest the boys could finish was 17th. Through the knockout phase of the tournament the team found the consistency they had lacked in the first couple of days to finish a respectable 18th.



Expertly lead by Mr Ronin Coppins and Mr Adam Trott, the team stuck together and didn't implode on each other, even when things didn't go their way. Andre "loves the niggles" Westmoreland, Jack "can play anywhere on the pitch" Langerveld and Kaleb "left back" Windelburn all showed their pedigree during the tournament but Hadley "loves an injury" Attewell was the tournament MVP. The boys have learnt a lot of lessons about how to operate in a five day tournament and will be better footballers next year. Big shout out must go to Fiona Attewell after she had to drop some of the boys in Whanganui after Yoshi stole the van keys.

### Girls Hockey

The girls' hockey team had a great week away, playing some very good hockey. We especially learned lots about being strong on the ball, and it was great to see skills develop. We have great team spirit, and the girls support each other both on and off the field. We finished 12th at tournament, and are pleased with our progress.

Outside of hockey, we managed to also support the boys' football team at one of their games, and completed our hardest ever amazing race!



### Boys Hockey – Hawkes Bay

The tournament the 1<sup>st</sup> XI Boys hockey team attended was held in the Hawkes Bay. We knew this tournament would be challenging as 7 of the 16 teams were Wellington teams, of which 5 were all ranked above us in the same Premier 2 Grade.

What I observed throughout the week was; improvement in each game even with increasing fatigue, the perseverance and continued intensity to play to the final whistle, with determination, no matter what the score was; the inclusion and cohesion on the field and during down times; and the continued positive energy and vibe. These are all extremely difficult especially when the results aren't what we hoped and not a reflection of how well the boys played.



We faced Kapiti College in the final for 15th and 16th. Kapiti came 3rd in our college league and they beat us in tournament pool play 4-0. The boys brought a structured and intense game, and put them under a lot of pressure. It was 1-1 at half time, Kapiti managed to score in the second half and no matter how much pressure we poured on couldn't slot a goal within time. It was such an exciting game.

Thanks to our manager, Ellen Abel for the smooth running of the season and together with Matt and Blair for the effort and support during tournament week. I wish our Year 13, Marcus Carter, good luck with your future and hockey career....to the rest of the team.....it bodes well for next season.....see you at trials.

### Ki o Rahi Regional Competition

This was held in the last week of term and 13 senior students attended and they came away with 3 wins and 2 losses. It was a great day and an awesome achievement for the team, especially this only being our second time attending the regional competition. After pool play the team was sitting 2nd equal and just missed out on the final playoff for 1<sup>st</sup> and 2<sup>nd</sup>, so overall came 3rd. This qualifies our school for nationals in 2020.

### CSW Skateboarding Championships

Niall Prosser (Year 10) came away from the CSW Skateboarding Champs with the prize for Best Trick. While he didn't place in the top 3 in the Junior Competition he showed tenacity and determination which paid off by landing something spectacular in the "Best Trick Competition".

He snapped his board in half during the first 5 minutes of the warm up so spent the rest of the day riding Denzell's board!!



## **Heretaunga College SPORTS AWARDS**

Thursday 24 October 2019  
Heretaunga Christian Centre  
Lane Street, Upper Hutt

Drinks & Nibbles at 6.00pm, Awards start at 6.30pm

**Supported by the Upper Hutt Cossie Club**

## DO YOU HAVE ANY ENTRY LEVEL POSITIONS AVAILABLE AT YOUR PLACE OF WORK?

We have many students who will be leaving school for the holidays and permanently on 5 November. Do you have any entry level positions available at your place of work? We would like to post advertisements on our noticeboard for students to look for holiday positions or full time work. Please send any jobs available to [goodall@heretaunga.school.nz](mailto:goodall@heretaunga.school.nz)

## CAREERS Scholarships

### University Scholarships for Year 13 Students

MoneyHub, a consumer finance website, has published a guide to hundreds of scholarships for any student planning to start university in 2020. The comprehensive list includes scholarships offered by every university as well as those specifically available to local students. A list of privately-funded, Maori, Pacific and International university scholarships completes the list. Applications close throughout the year, with tens of millions of dollars available. MoneyHub has also published a list of tips for scholarship success.

For more details and to find suitable scholarships, visit the [MoneyHub Scholarship page](#)

### Information on Scholarships can be found on:

- The Tertiary provider's websites.
- The MoneyHub website has a lots of Scholarships <https://www.moneyhub.co.nz/scholarships-nz.html>

### University of Auckland

University of Auckland Top Achiever, Māori Academic Excellence, Pacific Academic Excellence and Academic Potential scholarships are open for applications.

These scholarships, and other scholarships for school leavers can be accessed via [www.auckland.ac.nz/scholarships](http://www.auckland.ac.nz/scholarships)

### University of Canterbury Accommodation Scholarships

There are 150 Go Canterbury Scholarship for Year 13 students from Wellington and Auckland. Registrations opened on 20 June. [www.canterbury.ac.nz/go Canterbury](http://www.canterbury.ac.nz/go Canterbury)

## STUDYLINK APPLICATIONS FOR STUDENT ALLOWANCE FOR 2020



### You can't miss it

Apply before 16 December.

If you're studying in 2020, 16 December is a very important date. It's one you just can't miss.

Apply for your student allowance or loan before 16 December to give yourself the best chance of having everything sorted ready for the start of your course

Apply at [studylink.govt.nz](http://studylink.govt.nz)



## MOBILE PHONE RECYCLING APPEAL




Recycling for Charity has teamed up with Wellington Hospitals Foundation, Official charity of Wellington Regional Children's Hospital

Mobile phones can be dropped into the dropbox at the college office.

Your support is much appreciated.

- Mobile phones are data wiped before being shredded.
- All Mobile phones that are damaged or too old are environmentally recycled in Europe, with recycled commodities being reused in new technology
- APPLE IPHONES: PLEASE ENSURE iCloud IS UNLOCKED, REMOVING YOUR PERSONAL ACCOUNT FROM YOUR APPLE DEVICE BEFORE DONATING.
- The money raised, goes towards medical equipment for the new Children's Hospital
- All Mobile phone batteries are environmentally recycled.
- With your support we can make a difference by helping children in need.
- We are looking for corporate, schools, clubs, or private sponsorship, if you can help please get in touch at [www.recyclingforcharity.co.nz](http://www.recyclingforcharity.co.nz)

PROUDLY SUPPORTED BY  RECYCLING FOR CHARITY





## HERETAUNGA COLLEGE - GERMAN TRIP FUNDRAISER QUIZ NIGHT

**SATURDAY 9 NOVEMBER, 7PM**  
**UPPER HUTT COSSIE CLUB**  
**SPOT PRIZES AND RAFFLES**

Help Support The Heretaunga College Germany Trip 2020

To purchase tickets contact Katrina Hamilton 0210314040 or [hamiltonfamilyfive@gmail.com](mailto:hamiltonfamilyfive@gmail.com)

**RESTAURANT AND CAFE OPEN FOR DINNER**



**TICKETS \$10**

## Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate to your chosen participating school:

# \$500

**How to claim this offer**


Mention this offer to your ASB banker when you apply for your new home loan.

Your new home loan application must be received, approved and then documented in a facility agreement, between 1 July 2018 and 30 June 2019.

Visit [www.asb.co.nz/promotions/supporting-success-in-your-school](http://www.asb.co.nz/promotions/supporting-success-in-your-school) for more information and eligibility criteria.

Once your loan is fully drawn down, ASB will donate \$500 to your chosen participating school.

> [asb.co.nz/schoolbanking](http://asb.co.nz/schoolbanking)



**ASB**  
ONE STEP AHEAD



## SCHOOL REWARDS PROGRAM

For every pair of school shoes sold, Shoe Clinic will give a \$10 donation to your school, helping give your child more opportunities ...

Simply nominate your school in store

**18 Stores Nationwide - [www.shoeclinic.co.nz](http://www.shoeclinic.co.nz)**

don't pick a  
**shoe**  
let a shoe pick  
**you**

The perfect shoes for your feet -  
or your money back with our  
**30 Day Money Back Guarantee!**

If you're not completely satisfied with how your new shoes fit, you can bring them back within 30 days for a replacement or a full refund.

Lending criteria and terms apply to home loans. Fees may apply. Eligibility criteria: documentation of the facility agreement must be done by 30 June 2019; mention of this promotion must take place during the home loan application process to ensure eligibility. Only applicable to loans which are secured by residential owner-occupied property with a minimum of 20% equity required; excludes lending through brokers; Limited to one donation per customer. Donation will be made to chosen school on complete draw down of the home loan. For full eligibility criteria, exclusions and further details see <https://www.asb.co.nz/promotions/supporting-success-in-your-school.html>

ASB Bank Limited 56140 12436 0718

## GENERAL INFORMATION

### Parking At Heretaunga College

Please do not park on the lawn at any time. If there are no parking spaces within the college car parks then please park on the street.

### Signing In/Out of College

Students are reminded to sign in at the student office if you are late to school.

All students should have a note explaining their lateness or parents should ring the College absence line (**939 9370 Ext 814**) or email **absences@heretaunga.school.nz**

When signing out to attend appointments students are required to present a note to the office.

If a student is unwell they are required to come to the student office where office staff will call a parent.

### Uniform

A reminder to parents that a note **MUST** be provided if there is an issue regarding uniform.

**Please name your students uniform.** We can return lost items quicker if they are named.

### Absences Email Address

In addition to the phone line for absences (939 9370 press 1) there is now an absences email address

[absences@heretaunga.school.nz](mailto:absences@heretaunga.school.nz)

This email address will be cleared by the Attendance Officer.

### Panadol

We do NOT supply students with Panadol. If your son/daughter requires pain relief whilst at school they must bring it from home. The Student Office will store this for your son/daughter in a locked medical box.

### Calculators

Does your son/daughter have a calculator that they can bring to school every day? If not, then they can obtain a Sharp EL-531 WH scientific calculator through the College for the low price of \$18. We engrave the calculator with the name of your son/daughter for free! We are also selling Casio Graphics calculators for \$98! (both the cheapest prices around!) To get these essential pieces of technology, get your son/daughter to pay and order at the student office.

### From the Finance Team

#### Making Payments

Cash or cheque payments can be made at the college office between 8.00am and 2.15pm daily, with Eftpos facilities are available until 3.15pm.

Students can make payments before school starts each morning and during school break times only.

Alternatively, payments can be made online.

The schools bank account is: **Heretaunga College Board of Trustees**

**ASB: 12 – 3478 – 0030501 – 00**

Please ensure that if your payment is for anything other than fees, please advise i.e. Netball and, if known, your student ID number.

If you have any questions or feedback, please contact Kirsty or Ady at [accounts@heretaunga.school.nz](mailto:accounts@heretaunga.school.nz) or ring 939 9370 and ask for the finance team.

### Uniform Shop

#### The Uniform shop hours are:

Tuesday: 8.00am to 8.30am

Friday: 3.20pm to 4.20pm

Payment is to be made at the time of uniform purchase. If you have an account with the school, prior approval from the finance team is required before uniform can be put on your child's account.

As of 1st of July the Uniform Shop will no longer provide plastic bags. We would ask that you bring your own bags to the Uniform Shop.

### Fizz-free School

Heretaunga College is a fizz-free school. Please remind your son/daughter of this rule. Fizzy drinks will be confiscated from students.



Access to School Reports and Other Information

Each parent has access to the parent portal via the school internet page ([www.heretaunga.school.nz](http://www.heretaunga.school.nz)). You find the link in the top right hand corner. Here you can access all of your children's academic data such as attendance, school reports, current results and teachers' comments as well as pastoral entries. Alternatively, you can download the Kamar app from the Apple Store or Google Play store. Access details were emailed out but if you have misplaced your user name and password, please contact the school office.

## Brain Gym

### How to create a strong and resilient way of thinking

For ages 13 +

17th Oct - 7th Nov (4 weeks)

Venue - The Spot, 651 Fergusson Dr, Trentham, Upper Hutt 5018

During this 4-week course, students will learn simple techniques, exercises and strategies to improve focus, boost concentration, learning and reasoning skills, build resilience and keep thoughts and feelings in check.

Students will:-

Learn how their brain is changing and the challenges this can create for them.

Understand how to feel more resilient and more able to manage when their emotions seem overwhelming.

Be encouraged to create a simple and effective mindfulness practice.

To book or ask questions please visit <https://www.mindsetmagicians.com/eventdetails> or call Diana on 021 230 3446



“Looking for an adventure these summer holidays? Fancy making 39 new friends and exploring NZ on the iconic Tall Ship Spirit of New Zealand?

Bookings can be made directly on the website here - <https://www.spiritofadventure.org.nz/voyages/voyage/10-day-development>

What a great way to spend part of the summer holidays. Meeting new people and personal development at such a crucial time.

Applications are now open for these summer holidays and they would love you to join them! You may be eligible to apply for funding to help support your voyage.”

You can either book directly on their website <https://www.spiritofadventure.org.nz/voyages/voyage/10-day-development> or contact Julia Bryant for more information – 021 55 44 53 [Julia.bryant@spiritofadventure.org.nz](mailto:Julia.bryant@spiritofadventure.org.nz). Be in quick, strictly one student per school per voyage.”

Date departing	Voyage #	Port out	Port in
2-Dec	787	Wellington	Christchurch
14-Dec	788	Christchurch	Nelson
27-Dec	789	Nelson	Nelson
6-Jan	790	Nelson	Picton
15-Jan	791	Picton	Nelson
25-Jan	791EX	Nelson	Nelson
3-Feb	792	Nelson	Nelson
13-Feb	793	Nelson	Wellington

*Join us!*

# VIBE UPPER HUTT OPEN DAY

FRIDAY 11 OCTOBER, 1 - 5PM

FORMALITIES 1.30PM  
UNIT 3, 222-228 MAIN ST, UPPER HUTT CENTRAL



**RSVP TO ALANIE BY 4 OCTOBER**  
ALANIE.THOMSON@VIBE.ORG.NZ

**VIBERYOUTHHEALTHSERVICE**

VIBRANT YOUNG PEOPLE, VIBRANT COMMUNITIES



COME AND PLAY SOFTBALL OR TEEBALL WITH A FAMILY FRIENDLY CLUB

**REGISTER NOW OPEN FOR 19/20 SEASON**

TEEBALL \$30	JUNIOR \$50	SENIOR \$TBC
Under 5	Under 11	Under 17 and 23 Men
Under 7	Under 13	Presidents Men
Under 9	Under 15	Major 8 Women
		Prem 2 Men

Family rates available and an official supporter rate is \$50

To Register please go to the following websites

Junior Registrations: <https://www.sporty.co.nz/nzdemons/Junior-Registration>

Senior Registrations: <https://www.sporty.co.nz/nzdemons/Senior-Registration>

CONTACT: [www.facebook.com/demonssoftballclubupperhutt](https://www.facebook.com/demonssoftballclubupperhutt)  
E : [sec.demons.softball@gmail.com](mailto:sec.demons.softball@gmail.com) | P 027 706 3869

## SELF DEFENCE — upper hut —

Come & learn to defend yourself in real life situations. Combat Hapkido is more than just a martial art, it is a self defence system designed for everyone.

**Monthly fee \$20**

(\*\$60 Joining Fee applies)

Monday evenings  
14yrs + 7pm-8pm  
Totara Park Primary School



**You're more  
capable  
than you think**

FB: Self Defence Upper Hutt  
W: [www.selfdefenceupperhutt.co.nz](http://www.selfdefenceupperhutt.co.nz)  
E: [selfdefenceupperhutt@hotmail.co.nz](mailto:selfdefenceupperhutt@hotmail.co.nz)  
I: [self\\_defence\\_upper\\_hutt](https://www.instagram.com/self_defence_upper_hutt)