

15 April 2020

Example HC Learning@Home Schedule

This is just an example of how your day might look when you are learning@home. You need to schedule your day however it is going to work best for you. Make sure that you have a quiet space (where possible) to work from. If you work best listening to music, then go do that! Build in plenty of breaks, time to connect with others, and make sure that you keep a plan each day for what work you need to work on.

- 9am: Alarm set to wake up, shower, have breakfast, do exercise
- 10am: Check school email for teacher announcements / updates / scheduled meetings
- 10.15am: Begin the first learning episode: check what you need to be working on / what deadlines you have to meet
- 11am: Have a break! Do something for your wellbeing, ensure that you eat and connect with those inside your bubble
- 12pm: Begin your second learning episode: check what you need to be working on / complete work from earlier in the day / meet deadlines
- 1pm: Down time: do some drawing, do some baking, online chats with friends, watch some TV / technology stuff, go for a walk, whatever your hobby is...
- 1.30pm: Begin your third learning episode: check what you need to be working on / complete work / meet deadlines / submit your work
- 2.30pm: Finish your day if you are on top of your work / connect with your Kaiarahi or class teacher / continue to work if you are still in the 'flow' and need to meet deadlines.